

**Final Eligibility Committee List  
(for moves during January 2019)**

First Name	Last Name	Age Group	Origin Club	Destination Club	Region	Date Of Move
Sian	Adey	Senior	Islwyn RC	Llisbury Runners	East Wales	15/01/2019
Nicholas	Cadman	Senior	Caerleon RC	Llisbury Runners	East Wales	17/01/2019
Collette	Crewe	Senior	Caerleon RC	Llisbury Runners	East Wales	18/01/2019
Becca	Garner-Mayo	Senior	Llisbury Runners	Torfaen Runners	East Wales	01/02/2019
Lee	Mills	Senior	Islwyn RC	Micky Morris Racing Team	East Wales	14/01/2019
Iwan	Morton	Senior	Pont-Y-Pwl & District Runners	Torfaen Runners	East Wales	15/01/2019
Rhys	Pritchard	U17	Llisbury Runners	Caerleon RC	East Wales	01/02/2019
Chris	Prothero	Senior	Blaenau Gwent Athletics	Parc Bryn Bach Running Club	East Wales	16/01/2019
Keri	Reis	Senior	Pont-Y-Pwl & District Runners	Chepstow Harriers	East Wales	08/01/2019
Clair	Atterbury	Senior	Prestatyn RC	Buckley RC	North Wales	03/01/2019
Ger	Collins	Senior	Wrexham AC	Run Free Fell Runners	North Wales	11/01/2019
Emma	Hughes-Marshall	Senior	Abergele Harriers	GOG Triathlon Club	North Wales	30/01/2019
Coral	McShane	Senior	Prestatyn RC	Abergele Harriers	North Wales	03/01/2019
Duncan	Watts	Senior	North Wales Road Runners	Cybi Striders	North Wales	20/01/2019
Ceri	Davies	Senior	San Domenico RRC	Les Croupiers	South Wales	17/01/2019
Ruth	Davies	Senior	Les Croupiers	CDF Runners	South Wales	01/01/2019
Seren	Davies	U13	Carmarthen & District Harriers	Cardiff AAC	South Wales	27/01/2019
Zoe	Holloway	Senior	San Domenico RRC	Cardiff AAC	South Wales	23/01/2019
Neil	Jones	Senior	Ogmore Phoenix Runners	Pontyclun Road Runners	South Wales	23/01/2019
Ryan	Minard	Senior	Aberdare Valley AAC	Pontypridd Roadents AC	South Wales	29/01/2019
Paul	Morton	Senior	Les Croupiers	Penarth & Dinas Runners	South Wales	01/02/2019
Huw	Phillips	Senior	Cardiff AAC	CDF Runners	South Wales	18/01/2019
Ruth	Robertson	Senior	San Domenico RRC	Les Croupiers	South Wales	17/01/2019
David	Sinclair	Senior	White Rock Runners	CDF Runners	South Wales	03/01/2019
Ian	Williams	Senior	Islwyn RC	Pontypridd Roadents AC	South Wales	17/01/2019
Georgie	Wilson	U11	Bridgend AC	Pontyclun Athletics Club	South Wales	16/01/2019
Kian	Wilson	U13	Bridgend AC	Pontyclun Athletics Club	South Wales	16/01/2019
Edward	Cullen	Senior	Paul Popham Running Club	Swansea Harriers	West Wales	30/01/2019
Huw	Griffiths	Senior	Bridgend AC	Port Talbot Harriers	West Wales	01/01/2019