

**Final Eligibility Committee List
(for moves during July 2022)**

First Name	Last Name	Age Group	Origin Club	Destination Club	Region	Date Of Move
Carly	Cole	Senior	Ebbw Vale RC	Parc Bryn Bach Running Club	East Wales	20/07/2022
Oscar	Denton	U20	Newport Harriers	Lliswerry Runners	East Wales	28/07/2022
Maxim	Hobbs	Senior	Crickhowell Running Club	Griffithstown Harriers	East Wales	01/08/2022
Craig	Hopkins	Senior	Torfaen Runners	Caerleon RC	East Wales	31/07/2022
Paige	Hughes	U17	Newport Harriers	Lliswerry Runners	East Wales	27/07/2022
Callum	Roberts	U13	Pont-Y-Pwl & District Runners	Cwmbran Harriers	East Wales	01/08/2022
Damian	Waite	Senior	Caldicot Running Club	Lliswerry Runners	East Wales	20/07/2022
Cathryn	Wood	Senior	Eryri Harriers	Prestatyn RC	North Wales	29/07/2022
Holly	Worth	U13	Menai Track and Field	Eryri Harriers	North Wales	20/07/2022
Ruth	Cann	Senior	Penarth & Dinas Runners	Cardiff Harlequins RC	South Wales	31/07/2022
Scott	Gray	Senior	Bridgend AC	Ogmore Phoenix Runners	South Wales	11/07/2022
Scarlett	Hodges	U13	Bridgend AC	Cardiff Athletics	South Wales	28/07/2022
Leighton	Phillips	Senior	Blaenau Gwent Athletics	Cardiff Athletics	South Wales	15/07/2022
Gareth	Redding	Senior	Brackla Harriers	Pegasus Running Club	South Wales	03/07/2022
Lisa	Ryan	Senior	Pencoed Panthers	Ogmore Phoenix Runners	South Wales	13/07/2022
Helen	Sharpe	Senior	Cardiff Athletics	Penarth & Dinas Runners	South Wales	29/07/2022
Elizabeth	Sim	Senior	Brackla Harriers	Ogmore Phoenix Runners	South Wales	26/07/2022
Jamie	Verran	Senior	Cardiff Athletics	Ogmore Phoenix Runners	South Wales	05/07/2022
Adam	Whittaker	Senior	White Rock Runners	CDF Runners	South Wales	01/08/2022
Kirsty	Crane	Senior	Newport Harriers	Neath Harriers	West Wales	29/07/2022
Kelly	Griffiths	Senior	Clwb Rhedeg Pontardawe RC	Celtic Tri	West Wales	25/07/2022
Michael	Halsall	Senior	Llanelli AC	Amman Valley Harriers	West Wales	15/07/2022
Ffion	Williams-Evans	U11	Swansea Harriers	Llanelli AC	West Wales	20/07/2022