



**WELSH ATHLETICS**  
ATHLETAU CYMRU

## **GUIDANCE FOR NATIONAL, EUROPEAN AND WORLD RECORDS FOR ROAD RACES**

This guidance is relevant to events where a record is likely to be set or have the aspiration to enable participants to make a record attempt.

For records to be valid at either National, European or World levels there are a series of steps that need to be taken in order to ensure everything is valid and a record can be ratified.

### **The Event**

The record claimed must have been made in a bona fide competition.

### **The Course**

The route used for the race must hold a valid measurement certificate and additionally needs to be measured before the event and then after the event by a different measurer. The course measurer also needs to be present at the event to certify the correct course was used. The course must be measured by an "A" or "B" grade World Athletics/AIMS approved measurer. The start and finish points of a course, measured along a theoretical straight line between them, shall not be further apart than 50% of the race distance. The course needs to have a downhill gradient of less than 1:1000 (i.e. 1 metre in 1 kilometre) for a World Record. The UKA supplementary rule doesn't add anything else on gradient, so work to WA Rules.

### **Timing**

The performance shall be timed by official Timekeepers, by a Fully Automatic Timing and Photo Finish System (for which a zero control test has been undertaken in accordance with Rule 19.19 of the Technical Rules) or by a Transponder/Chip System (see Rule 19.24 of the Technical Rules in the UKA Rules for Competition)

### **Officials**

- You will need a Level 4 Chief Timekeeper plus two others at least Level 3.
- You will also need a Level 4 official and one other of at least Level 3 to record and a Level 4 Endurance Official to be referee, who must be aware of the WA shoe rules and rules on records.

You can find a list of County Officials Secretaries via our website [here](#).

## **UK Anti-Doping**

Clean Athletics may also need to be informed. We would recommend contacting David Walsh, [dwalsh@cleanathletics.org.uk](mailto:dwalsh@cleanathletics.org.uk) to check if you need any specific measures in place for your event. Doping control isn't mandatory for a UK Record, but if UKAD are present the athlete is expected to take a test. For World and European it's mandatory.

## **Required Forms**

In the event of a record being set you will need to fill in the appropriate form based on the record set. There are different forms for UK, European and World records. These are available via our website [here](#). They are also included at the end of this guide. These must be submitted within 14 days of the record. **Assistance or Pacing**

Rule 6.3.1 under "Assistance not allowed": Pacing by persons not participating in the same race is not allowed or by athletes lapped, or about to be lapped. Any pacing must be complete by persons in the same race. Once a pacer drops out of the race they cannot re-join. A pacer must have started at the beginning of a race and cannot join part way through.

## **Other**

In addition, the rules about records gives the Technical Advisory Group the right, for a record, to the "absolute and unfettered discretion in deciding whether to accept or refuse a record claim" and any sort of "sharp practice" would be considered.

### ROAD RACE RECORD APPLICATION

U.K. All-Comers U.K National U.K. Junior Other record (please specify) \_\_\_\_\_

#### COMPETITOR'S DETAILS

<b>1</b> Event		<b>2</b> Date	
<b>3</b> Performance		<b>4</b> Meeting	
<b>5</b> Venue			
<b>6</b> Name (First Name)		(Surname)	
<b>7</b> Date of Birth		<b>8</b> Place of Birth	
<b>9</b> Club/Country			

**For Relay Events details are required of the team in running order:**

1		<b>1</b>	
3		<b>4</b>	

#### RESULT

**1<sup>st</sup>** Name: \_\_\_\_\_ Club/Country: \_\_\_\_\_ Time: \_\_\_\_\_

**2<sup>nd</sup>** Name: \_\_\_\_\_ Club/Country: \_\_\_\_\_ Time: \_\_\_\_\_

**3<sup>rd</sup>** Name: \_\_\_\_\_ Club/Country: \_\_\_\_\_ Time: \_\_\_\_\_

#### TIMEKEEPERS' CERTIFICATE

**Complete section 1 or 2 as appropriate:**

**1** A fully automatic, correctly aligned electrical timing device or transponder system was used. I confirm the times above.

Name of PF/Transponder Chief Judge		Signature	
Type and make of PF/transponder system			

**Or**

**2** We certify that we were official timekeepers of the above event and that the exact time recorded on our watches for the competitor concerned was:

Time	Signature	Name	Grade

I confirm that the official time for the competitor named was

\_\_\_\_\_

Name of Chief Timekeeper \_\_\_\_\_ Signature \_\_\_\_\_ Grade \_\_\_\_\_

**STARTER'S CERTIFICATE**

I certify that the start of the race was in accordance with the relevant Rules.

Name of Starter \_\_\_\_\_ Signature \_\_\_\_\_ Grade \_\_\_\_\_

**WALKING JUDGE'S CERTIFICATE**

I certify that I was Chief Judge of Walking for the above event and that the competitor concerned complied with the definition of walking under UKA/World Athletics Rules and that this was confirmed by three suitably qualified Judges of Walking.

Name of Chief Judge \_\_\_\_\_ Signature \_\_\_\_\_ Grade \_\_\_\_\_

**DOPING CONTROL CERTIFICATE**

*(Where doping control is present for UKA Records. For World or European Records the appropriate application form must be used.)*

I certify that the above mentioned competitor(s) provided a sample for drug testing in accordance with the procedures laid down by UKA/World Athletics.

Name of Official \_\_\_\_\_ Signature \_\_\_\_\_

Status \_\_\_\_\_

**SHOE CONFIRMATION**

Manufacturer and model: \_\_\_\_\_

I confirm that the shoes specified above are on the World Athletics Approved List: \_\_\_\_\_

**COURSE MEASUREMENT**

I, an A or B WA/AIMS approved Course Measurer hereby certify that I have measured the course over which this event was held.

The exact distance was \_\_\_\_\_ metres \_\_\_\_\_ cms.

- The start and finish points of the course, measured along a straight line between them, shall not be further apart than 50% of the race distance.
- The decrease in elevation between the start and finish shall not exceed one in a thousand. i.e. 1metre per kilometre.

Name of measurer: \_\_\_\_\_ Qualification: \_\_\_\_\_ Signature: \_\_\_\_\_

**VALIDATION**

I, an A or B WA/AIMS approved Course Measurer in possession of the complete data and maps, certify that the course measured was the course run by the athlete.

Name of measurer: \_\_\_\_\_ Qualification: \_\_\_\_\_ Signature: \_\_\_\_\_

**REFEREE'S CERTIFICATE**

I certify that all the conditions as laid down by UKA/World Athletics Rules for Competition were complied with and that the performance was made in bona fide competition in accordance with these Rules.

Name of Referee: \_\_\_\_\_ Signature \_\_\_\_\_ Grade \_\_\_\_\_

**APPLICATION  
FOR RATIFICATION OF A  
EUROPEAN RECORD**



**R O A D E V E N T**

Please send the completed form at the soonest to [competition@european-athletics.org](mailto:competition@european-athletics.org) or by mail to:

**European Athletic Association  
Avenue Louis Ruchonnet 16  
1003 Lausanne  
Switzerland**

Application is hereby made for a **European Record** [?] / **Under 23 Record** [?] / **Under 20 Record** [?], in support of which the following information is submitted: (Please type or use block capitals)

Event ..... Men / Women

Record claimed .....

**Athlete:**

Full name .....

Date of birth .....

Country .....

Nationality .....

Federation .....

Date of competition ..... time of event .....

Name of stadium .....

City ..... country .....

## RESULT OF THE COMPETITION

The names of the three first placed competitors, and their times, were as follows:

1<sup>st</sup> .....

2<sup>nd</sup> .....

3<sup>rd</sup> .....

### STARTER

I hereby certify that the start of the race was in accordance with the IAAF Rules.

Name of Starter ..... Signature .....

### ELECTRICAL TIMING

Fully automatic timing equipment was used.

The time recorded was ..... and this was the official time.

Name of Chief Photo-Finish Judge .....

Signature .....

### TIMEKEEPERS - HAND TIMING

We hereby certify that the time stated opposite our respective signatures were the exact times recorded by our respective watches.

Time ..... Name ..... Signature .....

Time ..... Name ..... Signature .....

Time ..... Name ..... Signature .....

### CHIEF TIMEKEEPER

I hereby confirm that the above times were correct.

.....  
(Name of Chief Timekeeper or Referee)

.....  
(Signature)

### SHOE MODEL

In order to ensure that the World Athletics Rule 5 was respected, a technical official must check the shoes that were worn by the athlete during the race.

Brand and model of the shoes worn

.....  
(Name of Technical Official)

.....  
(Signature)

### COURSE MEASURER

I, an A or B IAAF/AIMS approved course measurer, hereby certify that I have measured the course over which this event was held. The exact distance was:

..... meters

..... cms

- The start and finish points of the course, measured along a straight line between them, shall not be further apart than 50% of the race distance.
- The decrease in elevation between the start and finish shall not exceed one in a thousand, i.e. 1m per km.

.....  
(Name of Measurer)

.....  
(Qualification)

.....  
(Signature)

### VALIDATION

I, an A or B IAAF/AIMS approved course measurer in possession of the complete measurement data and maps, certify that the course measured was the course run by the athlete.

.....  
(Name of Measurer)

.....  
(Qualification)

.....  
(Signature)

### DOPING CONTROL

I, the undersigned Doping Control Officer in charge of the doping control at the meeting, hereby certify that a sample for a doping test was obtained from the above athlete(s) in accordance with the IAAF Rules, and in my presence, and despatched to the following laboratory:

Date and Time of doping control : .....

Name .....

Signature .....

(Note: For relays, samples must be obtained from **all** the athletes of the team)

Please take careful note of the new requirement in case of World and European Records for Running Events, Race Walking and Combined Events:

**Any athlete who breaks or equals an Area or World Record must be subjected to doping control immediately after the competition. Urine testing for rh-EPO must be arranged for any athlete who breaks or equals an Area or World Record in any Road Event. In such cases, a blood sample shall be taken if it is practicable to do so.**

### INTERNATIONAL RACE WALKING JUDGES

(only applicable for Race Walking Records)

At least three IAAF and/or European Athletics Panel Race Walking Judges officiated during the competition:

Name .....

Signature .....

Name .....

Signature .....

Name .....

Signature .....

### REFEREE

I hereby certify that all the information recorded on this form, concerning the competition, is accurate, that the officials conducting the competition were duly qualified, and that the appropriate IAAF and European Athletics Rules of Competition were complied with.

Name .....

Signature .....

Date .....

### THE FOLLOWING MUST BE ENCLOSED WITH THIS APPLICATION

A copy of the relevant page(s) of the athlete's passport, indicating name and date of birth (only for athletes U23 and U20)

The printed programme of the competition

The complete results of the event concerned

The Photo-Finish print if fully automatic timing equipment was in operation

The doping control form

The report of the laboratory having analysed the sample of the above athlete (if necessary for EPO)



## RECOMMENDATION BY NATIONAL FEDERATION

The undersigned national Federation, under which jurisdiction the above competition took place, hereby certifies that it is satisfied with the accuracy of this application and recommends it for acceptance:

President

General Secretary

Name of national Federation

Date

## EUROPEAN ATHLETICS APPROVAL

.....  
President of  
European Athletics

.....  
CEO of European Athletics

.....  
Date



# Application for a World Record ROAD RUNNING EVENT

This form must be completed and dispatched within 30 days of the World Record performance (cf: Technical Rule 31.6) to:

**WORLD ATHLETICS**  
6-8 Quai Antoine 1er, BP 359, MC 98007 Monaco Cedex  
carlo.de-angeli@worldathletics.org

APPLICATION IS HEREBY MADE FOR THE RATIFICATION OF THE FOLLOWING RECORD, IN SUPPORT OF WHICH THE BELOW INFORMATION IS SUBMITTED: *(Please type or use block capitals, tick where appropriate.)*

<b>APPLICATION DATA</b>			
Event (e.g. 10km, Marathon):		<input type="checkbox"/> Men	<input type="checkbox"/> Women <input type="checkbox"/> Women Only
Record Time Claimed (e.g. 41:13, 2:03:38):			
Full Name of Athlete:			
Country of Athlete:			
For Relay Events, the full names of all team members, in the order of running:			
Name of Competition:			
Date of Event:		Time of Event:	
City / Course:			
Country:			
<b>RESULTS OF COMPETITION</b>			
	Name	Country	Result
1 <sup>st</sup> :			
2 <sup>nd</sup> :			
3 <sup>rd</sup> :			

<b>STARTER</b>	
I certify that the start of the race was in accordance with World Athletics Rules	
Starter:	
Signature:	

**FULLY AUTOMATIC TIMING (if applicable)**

<b>Make of Timing Device:</b>	
<b>Official Time Recorded:</b>	
<b>Chief Photo Finish Judge:</b>	
<b>Signature:</b>	

**TRANSPONDER TIMING (if applicable)**

<b>Type and Make of Transponder:</b>	
<b>Official Time Recorded:</b>	
<b>Chief Transponder Timing Judge:</b>	
<b>Signature:</b>	

**HAND TIMING (if applicable)**

I, the undersigned official timekeeper of the event mentioned on this form, do hereby certify that the time set opposite my signature was the exact time recorded by my watch and that the watch used by me has been certified and approved by my National Federation.

<b>Time:</b>		<b>Name:</b>		<b>Signature:</b>	
<b>Time:</b>		<b>Name:</b>		<b>Signature:</b>	
<b>Time:</b>		<b>Name:</b>		<b>Signature:</b>	

I confirm that the above Timekeepers exhibited their watches to me and that the times were as stated.

<b>Chief Timekeeper or Referee:</b>	
<b>Signature:</b>	

**COURSE**

I, an "A" or "B" grade WA/AIMS approved course measurer, hereby certify that I have measured the course over which this event was held.

<b>Measured Race Distance:</b>	
The start and finish points of the course, measured along a theoretical straight line between them, are not further apart than 50% of the race distance.	<input type="checkbox"/> <b>Yes</b> <input type="checkbox"/> <b>No</b>
The decrease in elevation between the start and finish does not exceed one in a thousand, i.e. 1m per km.	<input type="checkbox"/> <b>Yes</b> <input type="checkbox"/> <b>No</b>
<b>Measurer:</b>	<b>Qualification:</b>
<b>Signature:</b>	

**VALIDATION**

I, an "A" or "B" grade WA/AIMS approved course measurer in possession of the complete measurement data and maps, certify that the course measured was the course run by the athlete.

<b>Measurer:</b>	<b>Qualification:</b>
<b>Signature:</b>	

<b>DOPING CONTROL</b>	
I, a member of the Doping Committee for the Competition, certify that a sample for a doping test was obtained in accordance with World Athletics Rules from the above-mentioned athlete in my presence and dispatched to the following accredited laboratory:	
NOTE: For relays, samples must be obtained from ALL members of the team.	
<b>Date and Time of Doping Sample Collection:</b>	
<b>Testing Laboratory:</b>	
<b>Doping Control Officer:</b>	
<b>Signature:</b>	

<b>GUARANTEE BY REFEREE</b>	
I hereby certify that all the information recorded on this form is accurate, that the officials conducting the Competition were duly qualified and that the appropriate World Athletics Competition Rules were complied with.	
<b>Referee:</b>	
<b>Signature:</b>	

<b>THE FOLLOWING MUST BE ENCLOSED WITH THIS APPLICATION</b>			
The <b>printed programme</b> of the Competition, the <b>complete results of the event</b> including the <b>Photo Finish</b> and <b>Zero Test</b> image in the case of a record where Fully Automatic Timekeeping was in operation, <b>Judges' Score Sheet</b> , <b>Official Results</b> , <b>Measurement and Re-measurement Report</b> , <b>Doping Control Form</b> .			
<i>Additional Information for Historical Purposes</i>			
<b>Weather Conditions:</b>			
<b>Intermediate Times:</b>			
<b>If available:</b>	<input type="checkbox"/> <b>Video of the Record</b>	<input type="checkbox"/> <b>Photograph of the Athlete</b>	<input type="checkbox"/> <b>Press Cuttings</b>

<b>RECOMMENDATION BY MEMBER FEDERATION</b>	
The undersigned Member Federation hereby certifies that it is satisfied with the accuracy of this application and recommends it for acceptance:	
<b>Member Federation:</b>	
<b>President or CEO: (Name)</b>	
<b>Signature:</b>	

<b>WORLD ATHLETICS APPROVAL</b>		
<b>President</b>	<b>Date</b>	<b>CEO</b>